



PROBLEM- SOLVING & CONFLICT RESOLUTION BUNDLE




THIS BUNDLE OF 8 RESOURCES INCLUDES:

1. Size of the Problem & I-Messages Lesson & Lap Book
2. I-Messages Pizzas Lesson
3. Size of the Problem, Small Problems vs. Big Problems Lesson
4. Problem-Solving & Conflict Resolution Construction Board Game
5. Problem-Solving & Conflict Resolution Lesson: "The Buddy Bear"
6. Problem-Solving Pirates Lesson
7. Problem-Solving Matching Game
8. Digital I-Messages Lesson

Size of the Problem & I-Messages



BIG PROBLEMS



Are scary, unsafe, and dangerous.

Make us feel angry, scared, and hurt.

Must be reported to a grown-up.

Examples of big problems:

How to use an I-MESSAGE

STEP 1: Explain how you feel.

I felt...







Mad Sad Frustrated Embarrassed

STEP 2: Describe what happened.

when...



you wouldn't let me slide.



you wouldn't listen to me.

STEP 3: Share what would help you feel better.

Can you please?



let me have a turn?



listen to me?


Timothy said you can't sit with him on the bus.



Maria fell off the monkey bars and her knee is bleeding.



SMALL PROBLEMS



Are no big deal!

Happen often.

Make us feel sad, mad, and frustrated.

Examples of small problems:

Clara ignored KeMariah.

Josiah wouldn't take turns on the slide.


Adam wouldn't help clean up the toys.


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SMALL Problem OR BIG Problem?

SMALL Problems

Carlos played too rough at recess.





BIG Problems

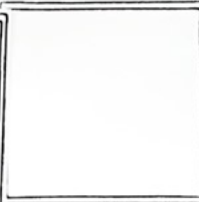
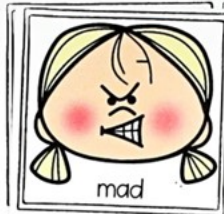


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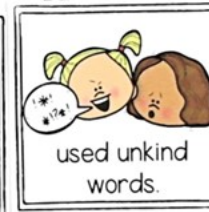
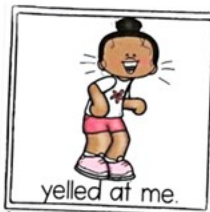
Size of the Problem & I-Messages



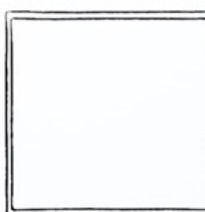
I felt...



when you...



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Can you please...?



I-Message Pizzas Lesson



I-MESSAGES PIZZAS


- 1 Explain how you feel.**
I felt 
- 2 Describe what happened.**
when 
- 3 Share what would help you feel better.**


STEP 1: SHARE HOW YOU FEEL

The first step to making a pizza is kneading and rolling the dough. The first step to using an I-Message is sharing how we feel.

I felt 

STEP 1: EXPLAIN HOW YOU

I felt sad 

CAN YOU PLEASE?



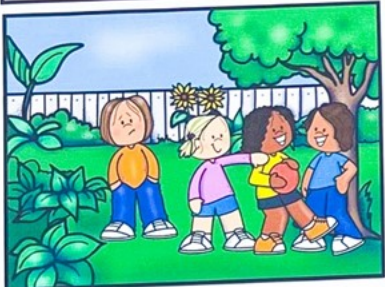
Size of the Problem, Small vs. Big Problems



SMALL PROBLEMS



Can bug and frustrate us.



Happen often, but are no big deal.



We can solve ourselves!

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BIG PROBLEMS



Can be scary.



Can be dangerous.



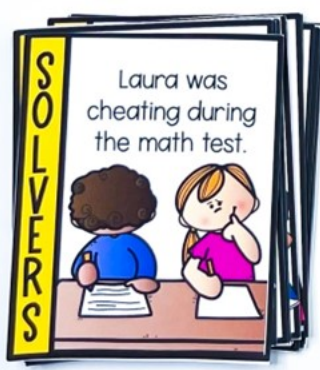
Need a grown-up's help and support.

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Size of the Problem, Small vs. Big Problems



Problem-Solving Board Game

"The Buddy Bear" Conflict Resolution



Raquel grabbed the Buddy Bear and asked Cassie if she could talk.



Let's use an **I-MESSAGE** to solve our problem!

1) Share how you feel. "I felt..."



2) Tell them what happened. "when..."



3) Share what would help you feel better. "Can you...?"



Kenny scribbled all over your work.



Cho wouldn't share the dough.



Chloe wouldn't eat lunch with you.



Lauren took too long at the water fountain.



I am a peaceful problem-solver when I...

used an I Message to solve a problem with my partner. She wasn't sharing the glue and markers.

Problem-Solving Pirates Lesson



Name: _____

Let's PROBLEM-SOLVE!

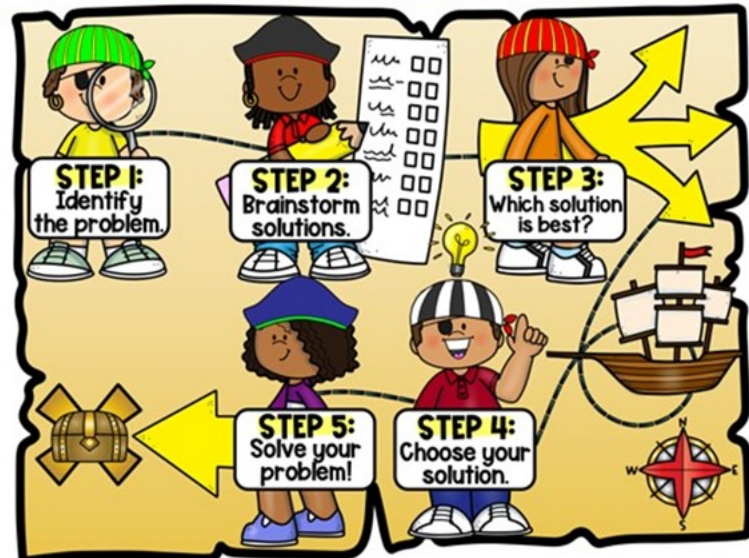
Step 1: Identify the problem.

Step 2: Brainstorm solutions.

Step 3: Which solution is best?

Step 4: Choose your solution.

Step 5: Solve your problem!



Problem-Solving Matching Game



PROBLEM-SOLVING
Matching Game
! → ? →

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You can water your flower.

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! → ? →

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You can ask for help with directions

You got lost in the new school building.

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Your flower is wilting.

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Matching Game
? →

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Ask other friends to play.

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Matching Game
! → ? →

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Your classmates left you out.

PROBLEM-SOLVING
Matching Game
! → ? →

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Digital I-Messages Lesson



STEP 3: SHARE WHAT YOU NEED.

