

COUNSELING & SEL 10-LESSON BUNDLE

NUMBER THREE

SCHOOL COUNSELING CURRICULUM





- 1) Positive Behavior & School Success Lesson
- 2) Small Problems & Big Problems Lesson
- 3) Tattling vs. Reporting Lesson
- 4) Generosity & Giving Lesson
- 5) I-Messages Pizzas Lesson
- 6) Friendship "We Go Together" Lesson
- 7) Bullying vs. Conflict Lesson
- 8) Diversity Lesson
- 9) Hero or Zero Choices Positive Behavior Lesson
- 10) "Wilma Jean, the Worry Machine" Lesson



"Wilma Jean, the Worry Machine" Companion



"Wilma Jean, the Worry Machine" Companion



How my
mom feels

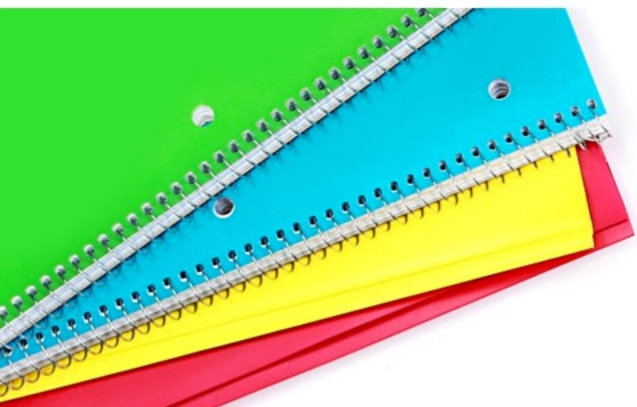
MY
WORRY
HAT

My
grandpa's
cancer

How often
my dad calls
me

What my
best friend
does

Positive Behavior & School Success Lesson



CONGRATULATIONS!

Monique Harrison

You were caught being a

STAR STUDENT!



MUSIC CITY COUNSELOR

Laura



STAR STUDENTS



• LISTEN TO THEIR TEACHER •

• DO THEIR BEST WORK •

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I AM A STAR STUDENT!

I listen to my _____

teacher and _____

follow her _____

directions.

5. CLEAN UP & RESPECT BELONGINGS

Miss Carlton says that when we take care of our classroom, school, and community, we make them better places to be. When I clean up and respect mine and others' belongings, I am a STAR Student.



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Positive Behavior & School Success Lesson

I AM A STAR STUDENT!



I AM A STAR STUDENT!
I help my friends and teachers.



I AM A STAR STUDENT!
I let others go first.



I AM A STAR STUDENT!
I take turns and wait patiently.



I AM A STAR STUDENT!
I include others, especially new students.



I AM A STAR STUDENT!
I ask new friends to sit with me at _____.



I AM A STAR STUDENT!
I help my teacher by passing out papers.



I AM A STAR STUDENT!
I help clean up the recess equipment.



I AM A STAR STUDENT!
I give compliments and use kind words.



I AM A STAR STUDENT!
I follow the playground rules.



I AM A STAR STUDENT!
I ask others to play.



I AM A STAR STUDENT!
I make handmade gifts for my teachers.



Small Problems & Big Problems Lesson



SMALL PROBLEMS

happen often, but they're no big deal.

SMALL PROBLEMS



Can bug and frustrate us.

Examples of SMALL PROBLEMS



Ricki dropped his ice cream.



Samantha's balloon popped.



Thomas lost his shoe.



Maria forgot her umbrella.

BIG PROBLEMS



Examples of BIG PROBLEMS



Mar'Quevious chased the ball into the road.



Juan played too rough at recess.

Courtney dropped her ice cream cone.



Julia ran into the street to get a ball.



A stranger asked Kendra to go with him.



Maya fell in the pool and cannot swim.

Small Problems & Big Problems Lesson



SMALL PROBLEMS

BIG PROBLEMS

Jason kept distracting you during centers.

Keisha pushed you when you wouldn't let her have a turn.

Ricki climbed window ledge.

A stranger at park asked you to go with him.

Look some of back when you aren't looking.

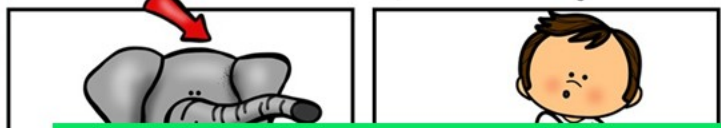
Couldn't help clean up the PE equipment.

MUSIC CLIPS & COUNCILOR

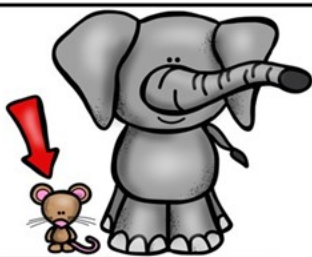
Tattling vs. Reporting Lesson



REPORTING
is when we tell a grown-up, and



TATTLING
is when we tell a grown-up, but



W
THE PROBLEM IS SMALL,
NO BIG DEAL



EV



WE MAY WANT TO GET
OTHERS IN TROUBLE



WE PRO



TATTLING or REPORTING

Generosity & Giving Lesson



GENEROSITY

US BOTH FEEL:

PROUD

EXCITED



LOVED

VALUED

♥ I CAN BE ♥
GENEROUS

MAKE A HOMEMADE GIFT

GIVE COMPLIMENTS & USE KIND WORDS

GIVE YOUR TIME TO HELP OTHERS



DONATE FOOD



Name: Laura

GENEROSITY MEANS TO ME

Generosity means giving to others and not expecting anything in return.

WHAT DOES IT MEAN TO BE GENEROUS?

Generosity means to give to others with our choices, words, actions, and time.

When we're generous, we give from the heart without expecting anything in return.

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What does it mean to be generous from the heart?

What is generosity?

Friendship "We Go Together" Lesson



We go TOGETHER LIKE

We go TOGETHER LIKE
Ice Cream & Sprinkles

Name: Laura
Write and draw about the qualities of a friend.
A friend is someone asks me to swing with
them at recess.

We go TOGETHER LIKE

WE CHEER EACH OTHER UP

WE TAKE TURNS

WE TO

WE LISTEN TO EACH OTHER

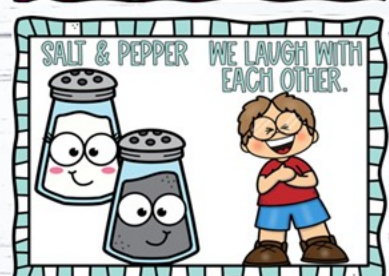
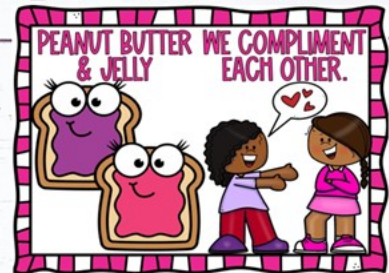
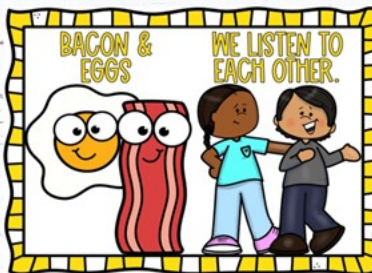
WE TAKE CARE OF EACH OTHER

WE EACH

My friend Jenny and I go together like peanut butter and jelly. We compliment each other.

Friendship "We Go Together" Lesson

WE GO TOGETHER LIKE



I-Message Pizzas Lesson

I-Message Pizzas

Explain how you feel.



Describe what happened.



Share what would help you

when

I FELT
WHEN

CAN YOU PLEASE?

I-Message Pizzas

Solve the small problem below using an I-Message.

Timothy said you can't sit with him on the bus.



1 Explain how you feel.

I felt _____

2 Describe what happened.
sad and embarrassed

when _____

3 Share what would help you feel better.
you wouldn't let me sit with
_____ can you please _____

Name: _____

I can make I-Message Pizzas



STEP 1: SHARE HOW YOU FEEL

The first step to making a pizza is kneading and rolling the dough. The first step to using an I-Message is sharing how we feel.



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I-Messages Pizzas Lesson



Zero or Hero Choices, Behavior Lesson



ZERO CHOICES

UN

CONGRATULATIONS,

Ja'Quan Thompson

You were caught making a

HERO CHOICE!

Signature

2-6-23
Date

MUSIC BY JESSICA COUNSELLOR

HERO CHOICES

SAFE

HELPFUL

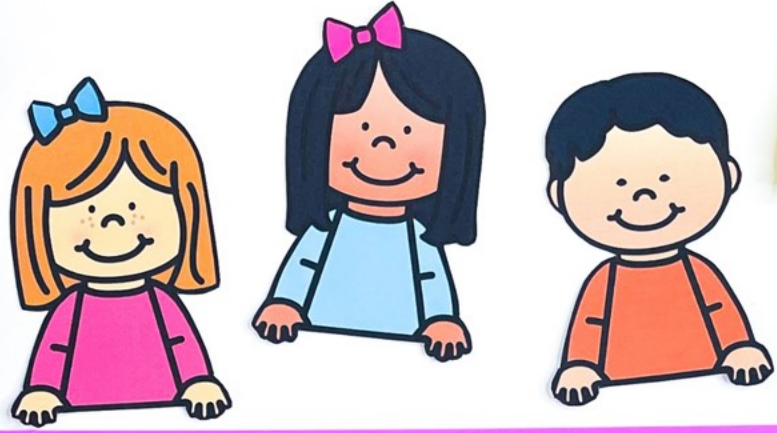
KIND

MUSIC BY JESSICA COUNSELLOR

Diversity "All Are Welcome" Lesson



Diversity "All Are Welcome" Lesson



Bullying vs. Conflict Lesson



How to resolve a CONFLICT

Brielle keeps leaving Jayda out at recess.

Krista tells Olivia she can't sit with her at lunch every day.

BULLYING

is a hurtful choice that



HAPPENS OVER AND OVER AGAIN



IS ONE-SIDED

Kyrie trips Tyler in the lunch line every day.

BULLYING or **CONFLICT**