

Meet the **SCHOOL**  
**PSYCHOLOGIST**  
**RESOURCE BUNDLE**



MUSIC city COUNSELOR



# THIS BUNDLE INCLUDES:



- 1) Meet the School Psychologist Lesson
- 2) "The Rabbit Listened" Meet the School Psychologist Companion Lesson
- 3) Meet the School Psychologist Lesson & Sorting Game
- 4) Meet the School Psychologist Bulletin Board
- 5) Meet the School Psychologist Flyer
- 6) Meet the School Psychologist BINGO Game



# 1) Meet the School Psychologist Lesson

Digital for Google Slides™, PowerPoint, & Printable

Introduce yourself and teach students all about the role of the school psychologist with this engaging lesson! Edit and customize the resources so that students and stakeholders get to know you and the critical services that you offer!



## My SCHOOL PSYCHOLOGIST

**All About Me:**

- I was born and raised in the suburbs of Chicago, IL and have lived in Nashville, TN for the past 12 years. Serving as your child's school counselor is one of my life's greatest joys! This is my 10<sup>th</sup> year at Fairview Elementary. I love spending my free time with my precious husband, two adorable sons, and our silly goldendoodle Coal.

**Mrs. Laura Oathout**

**Let's Chat!**

✉ [laura@cdes.org](mailto:laura@cdes.org)

☎ (232) 542-1342

**How Can I Help?**

I am here to support all of the wonderful children here at Fairview Elementary and their families. I provide classroom guidance lessons, individual counseling, small group counseling, and consultation services. If you would like support for your child's social-emotional needs, please don't hesitate to reach out to me any time. I'm here to help!

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## Meet Mrs. Hanson, My SCHOOL PSYCHOLOGIST

She is a safe person.

We talk about my feelings.

She helps me solve problems.

We practice making good choices.

She teaches me to be a friend.

She cares about me and my future.

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Meet Mr. Hanson,  
My SCHOOL  
PSYCHOLOGIST

Meet Mrs.  
My SCHOOL  
PSYCHOLOGIST

A School Psychologist's work is  
**CONFIDENTIAL**  
This means that my School  
Psychologist keeps my secrets,  
**UNLESS...**

- I want to hurt myself
- Someone is hurting me
- I am hurting someone else

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How do School Psychologists help students?

Which kinds of feelings can you talk to your School Psychologist about?

What can you learn from your School Psychologist?

If you are called to the School Psychologist's office, does that mean you're in trouble?

She is a safe person.

We talk about my feelings.

We practice making good choices.

She teaches me to be a friend.

# 2) "The Rabbit Listened" Meet the School Psychologist Companion Lesson

Digital for Google Slides™, PowerPoint, & Printable

This companion lesson to the story "The Rabbit Listened" teaches students about the role of the school psychologist. Just like the rabbit, school psychologists listen, love, help, support, care about our feelings, and stay by our side.



# 3) Meet the School Psychologist Lesson & Sorting Game

## Digital for Google Slides™ & Printable

Teach students all about the role of the school psychologist with this interactive, digital for Google Slides™ and printable lesson! Students love the sorting game with 34 scenario cards and eye-catching posters!



**NO, NOT MY SCHOOL PSYCHOLOGIST**

THERAPIST  
GOSSIP  
MIRACLE WORKER  
SPY

My school psychologist teaches me how to be kind.

My school psychologist tells my secrets to other kids.

My school psychologist is a safe person I can talk to.

My school psychologist teaches me how to make and keep friends.

**YES, MY SCHOOL PSYCHOLOGIST**

B  
F  
SEC

MENTOR  
TEACHER  
LISTENER  
ADVOCATE  
LEADER

PEACEMAKER  
SUPPORTER  
COLLABORATOR  
SECRET KEEPER  
PROBLEM-SOLVER

I can talk to my school psychologist about my feelings.

YES NO

**MY SCHOOL PSYCHOLOGIST**

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# 3) Meet the School Psychologist Lesson & Sorting Game

Digital for Google Slides™ & Printable

Teach students all about the role of the school psychologist with this interactive, digital for Google Slides™ and printable lesson! Students love the sorting game with 34 scenario cards and eye-catching posters!



**YES, MY  
SCHOOL  
PSYCHOLOGIST**

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**NO, NOT MY  
SCHOOL  
PSYCHOLOGIST**

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# 4) Meet the School Psychologist Bulletin Board

Editable and customizable bulletin board or poster!

## MEET YOUR

## SCHOOL PSYCH

**MRS. OATHOUT**

**ALL ABOUT ME**  
This is my 8<sup>th</sup> year here at Foxview Elementary School. I am wife to Jess and mommy to two little boys. We have a golden retriever named Coe and two baby turtles. I am originally from the Chicago area, but have called Nashville my home for the past 15 years. I can't wait to get to know you!

**MY WHY**  
I LOVE being your School Counselor! I am passionate about social-emotional learning and access to mental health supports for all students!

**CONNECT**  
@MrsOathout  
615-229-1233

**THIS IS ME**

**FAV**

- Favorite Foods: tacos, pasta, and chocolate!
- Favorite Places: the beach and Spain.
- Favorite Hobbies: traveling, crafting, creating
- Favorite Animals: manatees and dogs.

**MY SCHOOL PSYCH**

**ADVOCATE** **TEACHER**

**LEADER** **MENTOR**

**LISTENER** **SOLVER**

**SUPPORTER** **ALLY**

**SOCIAL** **EMOTIONAL** **ACADEMIC**

**SUPPORT**

**INDIVIDUAL COUNSELING** **GROUP COUNSELING** **CONSULTATION**

**STUDENT SUPPORT** **SEL LESSONS**

**SERVICES**

**HAPPY** **SAD** **ANGRY**

**PROUD** **SURPRISED** **SCARED**

**FEELINGS**

**IMAGINE A HAPPY PLACE** **EXERCISE** **BREATHE**

**TALK IT OUT** **RELAX IN A COMFY SPOT**

**COPING SKILLS**





# 5) Meet the School Psychologist Flyer/Newsletter

Editable flyer/newsletter to introduce yourself and your role!

**Meet the  
SCHOOL PSYCHOLOGIST**



**MRS. LAURA OATHOUT**

**ALL ABOUT ME**  
I love being your school psychologist! This is my 9<sup>th</sup> year at Eastern Elementary. I am originally from the Chicago area, but call Nashville my home. I have a wonderful husband, two adorable little boys, and a cuddly goldendoodle at home. In my free time, I love traveling, trying new restaurants, and eating tacos.

**HOW I CAN HELP**  
I offer many services to support students and their families! I teach classroom lessons, facilitate small groups, provide individual counseling, and coordinate special events such as Career Day. Please contact me if I can help you and your child!

**LET'S CONNECT!**  
✉ [laura@wcs.edu](mailto:laura@wcs.edu)  
☎ 615-234-2342

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# 6) Meet the School Psychologist BINGO Game

Teach students 24 roles of the school psychologist with this fun BINGO Game!



**MY SCHOOL PSYCHOLOGIST COMFORTS & CARES**

He/she listens, helps, and supports me when I am sad, angry, or hurt. He/she comforts and cares for me.

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**MY SCHOOL PSYCHOLOGIST TEACHES KINDNESS**

He/she teaches me to be kind to others. I learn to give compliments, share, take turns, and help others.

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**SCHOOL PSYCHOLOGIST BINGO**

EXPLORE CAREERS	HELPS EVERYONE	ADVOCATE	RESOLVE CONFLICTS	TROUBLE AT SCHOOL
SOLVE PROBLEMS	RUNS SMALL GROUPS	TEACHES RESPECT	TEACHES	
TEACHES LESSONS	IDENTIFY FEELINGS	Free	GROWTH	
WORKS WITH TEACHERS	TEACHES RESPONSIBILITY	COPING SKILLS	CONFIDENTIALITY	
STOP BULLYING	COMFORTS & CARES	MAKE FRIENDS	LISTENS	

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**MY SCHOOL PSYCHOLOGIST LISTENS**

He/she has a listening ear and cares about me and what I have to share.

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**MY SCHOOL PSYCHOLOGIST HELPS EVERYONE**

He/she helps our whole school community: students, teachers, caregivers, principals, and faculty.

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