

CHARACTER TRAITS

K – 4th Grade Curriculum



This BIG bundle of lessons covers 15 different character traits!



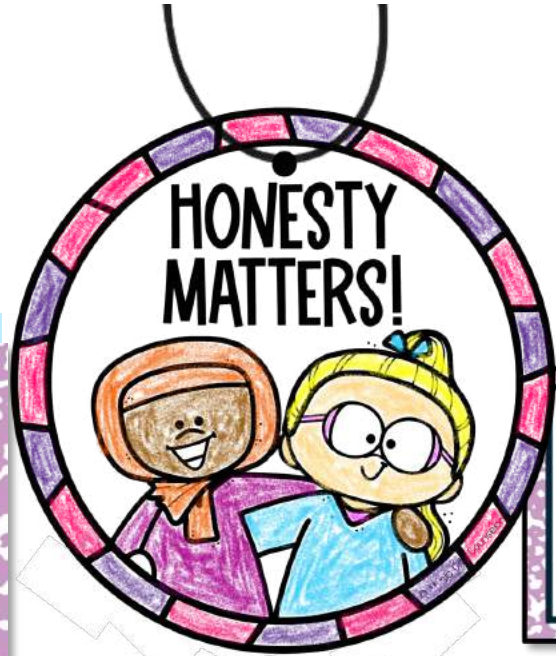
1. Compassion
2. Helpfulness
3. Courage
4. Empathy
5. Acceptance
6. Generosity
7. Honesty
8. Kindness
9. Optimism
10. Perseverance
11. Respect
12. Responsibility
13. Sportsmanship
14. Trustworthiness
15. Caring

HONESTY



What is HONESTY?

Honesty means telling the truth. It means not lying or cheating. Honesty also means owning your mistakes and doing the right thing.



What is honesty?



What did Hannah find on the sidewalk?



What would you do if you found a lost wallet?

How to Be HONEST

 <p>Tell the truth</p>	 <p>Own mistakes</p>	 <p>Keep promises</p>
 <p>Ask first</p>	 <p>Play fair</p>	
 <p>Stand up</p>	 <p>Be yourself</p>	

HOW TO BE HONEST

3. Keep your promises



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GENEROSITY



What is **GENEROSITY**?

Generosity means being kind and giving to others. It's about doing nice things without expecting anything in return.



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What does generosity mean to you?



What are two ways to be generous?



How to Be **GENEROUS**



HOW TO BE GENEROUS

3. Donate and give to others



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EMPATHY



How to Be EMPATHETIC

Listen to others

In their shoes

Ask questions

Offer help

Be kind

Write on each shoelace one way to be empathetic.

In their shoes

Offer to help

Include + invite

Use nice words

EMPATHY IN THEIR SHOES

Why is empathy important?

What did Emilio do to help Hudson feel better?

What is EMPATHY?

Putting yourself in someone else's shoes and imagining how they may be feeling. Then, trying to help.

HOW TO BE EMPATHETIC

2. Put yourself in their shoes

CARING



What is CARING?

Caring means showing love and kindness to others. It means helping others feel safe, happy, and supported.

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7 Ways to Be CARING

Help others 	Listen to others 	Share
Be kind 	Comfort, support 	
Appreciate 		

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<p>Why is...</p>	<p>How can you be more caring?</p>
<p>Share about a time when someone was caring to you.</p>	



OPTIMISM



How to Be OPTIMISTIC

Look for the good

Use positive words

Break down goals

Name: _____

I look on the bright side with my **OPTIMISTIC GLASSES!**

I expect good things to happen!

I find the good in every situation!

What is OPTIMISM?

Looking on the the bright side and expecting good things to happen. Thinking positive even when problems arise.

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What are two ways to be optimistic?

What lesson did Olivia teach Oscar?

What is optimism?

RESPECT



What is RESPECT?

Treating others the way you want to be treated. Being kind, listening, and valuing others' feelings, ideas, and belongings.

What does respect mean to you?



What is respect?



How to Be RESPECTFUL

Listen to others



Be polite



Include others



Help others



Take turns



Appreciate differences



Care for belongings

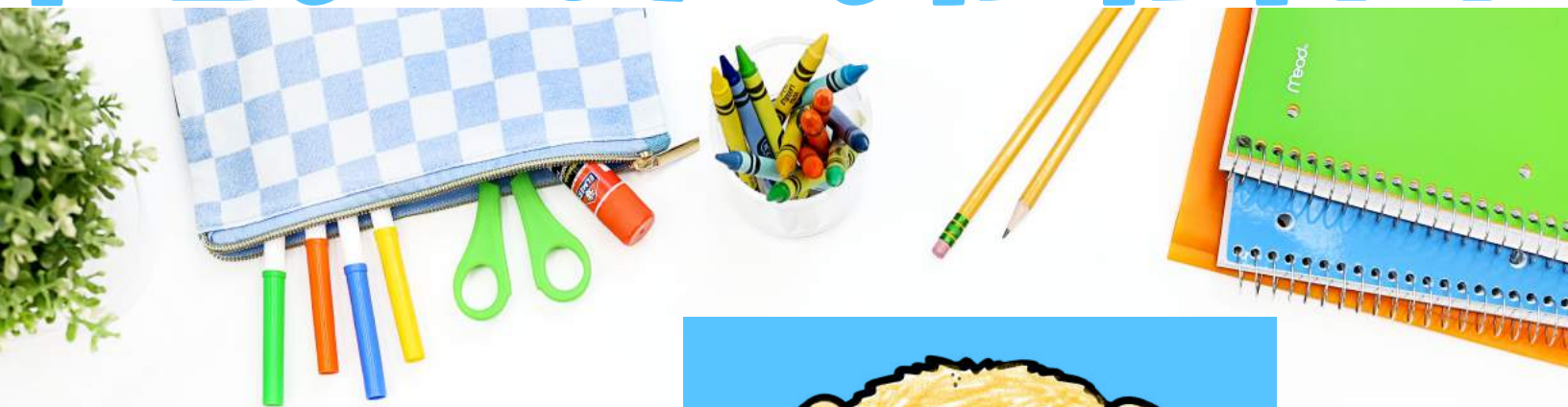


HOW TO BE RESPECTFUL

6. Appreciate differences



RESPONSIBILITY



How to Be RESPONSIBLE

Follow the rules 	Lend a hand 	Own mistakes
Manage time 	Do your chores 	Finish homework

I AM RESPONSIBLE WHEN...
I feed my dog and help my dad take out the trash.

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How could you be more responsible at home?

How could you be more responsible at school?

What is RESPONSIBILITY?

Doing what you are supposed to do and taking care of things you are in charge of. Others know they can count on you to do your part.

HOW TO BE RESPONSIBLE

2. Lend a helping hand

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Which responsibilities come with having a pet?

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ACCEPTANCE



What is ACCEPTANCE?

Welcoming, including, and being kind to all people. Showing an interest in, respecting, and embracing the ways we are all unique and different.

How to Be ACCEPTING

Listen + learn 	Ask questions 	Embrace differences
Be kind 	Include others 	
Share + collaborate 	Be an upstander 	

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What are 2 ways to be accepting?

Why is acceptance important?

TRUSTWORTHY



What is TRUSTWORTHINESS?

Being someone others can count on because you tell the truth, keep your promises, and do the right thing.



Name: Haley Armario
TRUSTWORTHINESS MEANS
Being someone that others can count on. Telling the truth. Being reliable. Doing the right thing.



How to Be TRUSTWORTHY

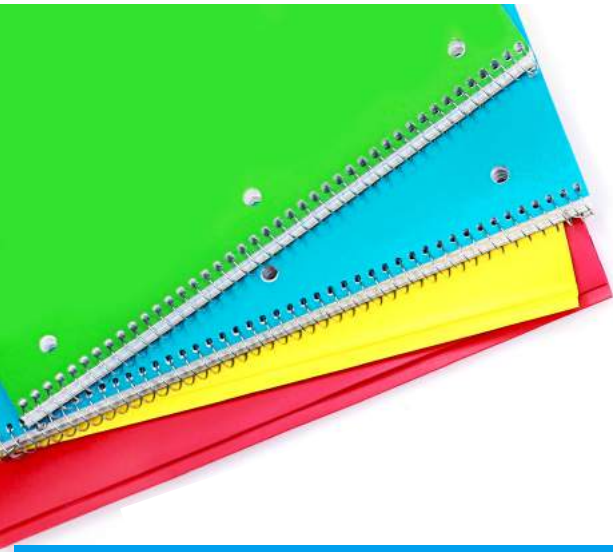
Tell the truth 	Keep promises 	Be reliable
Respect rules 	Own choices 	Be loyal
Do right thing 		

HOW TO BE TRUSTWORTHY

1. Tell the truth



PERSEVERANCE



How to Show PERSEVERANCE

Positive attitude 	Believe in you 	Learn from mistakes
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3 Ways To Be PERSEVERANT

1. Don't give up
2. Keep on trying
3. Believe in yourself

What is perseverance?

Share about a time when you were perseverant.

What is PERSEVERANCE?

To keep trying and not give up even when things get hard. To stick with it, even if it takes a long time and you make mistakes.



HOW TO BE PERSEVERANT

1. Keep a positive attitude.

HELPFULNESS



How to Show HELPFULNESS

Tidy + clean up 	Do chores 	Think of others
Support + comfort 	Teach others 	



What is helpfulness?

Share about a time when you were helpful.

What is HELPFULNESS

Being ready and willing to help others. Making nice choices make life easier and better.

HOW TO BE HELPFUL

1. Tidy and clean up

COURAGE



7 Ways to be COURAGEOUS

Face your fears 	Stand up 	Take ownership
Try new things 	Express yourself 	

What does courage mean to you?

How can you be more courageous in your life?

BRAVERY BADGE

I'm brave when I stand up for others.

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What is COURAGE?

Having the strength to face fears or challenges without giving up. Be brave enough to do the right thing, try something new, even if it's hard.

HOW TO BE COURAGEOUS

2. Stand up for what is right

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COMPASSION



What is COMPASSION?

Having a BIG, kind, heart for others. Noticing when they feel sad or hurt and choosing to help them.

Name: Aleesha Martin

Truck Loads of COMPASSION

What does compassion mean to you?

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7 Ways to Be COMPASSIONATE

Help others 	Include others 	Listen
Comfort others 	Be kind 	
Stand up 	Consider others 	

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HOW TO BE COMPASSIONATE

4. Be kind

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KINDNESS



How to Show KINDNESS

Share 	Help others 	Compliment
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Why did Maria ask Carla to play?

How did Maria feel when she joined the girls?

How can you be more kind in your life?

What is KINDNESS?

Being friendly, caring, and helpful to others. Make nice choices that make others feel good.

HOW TO BE KIND

5. Listen to others

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SPORTSMANSHIP



7 Ways to Show SPORTSMANSHIP

Play fair

Help others

Positive attitude

Three small illustrations: 1. Two children sitting at a table playing a board game. 2. One child sitting on the ground while another child helps them up. 3. A child kicking a soccer ball.

SPORTSMANSHIP IS

playing by the rules,
cheering for others, and
respecting others.

Why is sportsmanship important?

A cartoon girl with blonde pigtails, wearing a pink shirt with a soccer ball and blue shorts, holding a sign. Below her is a smaller sign with a question and an illustration of a child.

What is SPORTSMANSHIP?

Playing fair, following the rules, and showing respect to others. Being a good loser and a gracious winner.

An illustration of two children on a basketball court. One child is wearing a blue and red tracksuit and holding a basketball, while the other is wearing a blue and white tracksuit.

HOW TO SHOW SPORTSMANSHIP

3. Keep a positive attitude

An illustration of children playing soccer on a green field. One child is kicking the ball towards a goal, while others are running and watching. A referee is also visible.