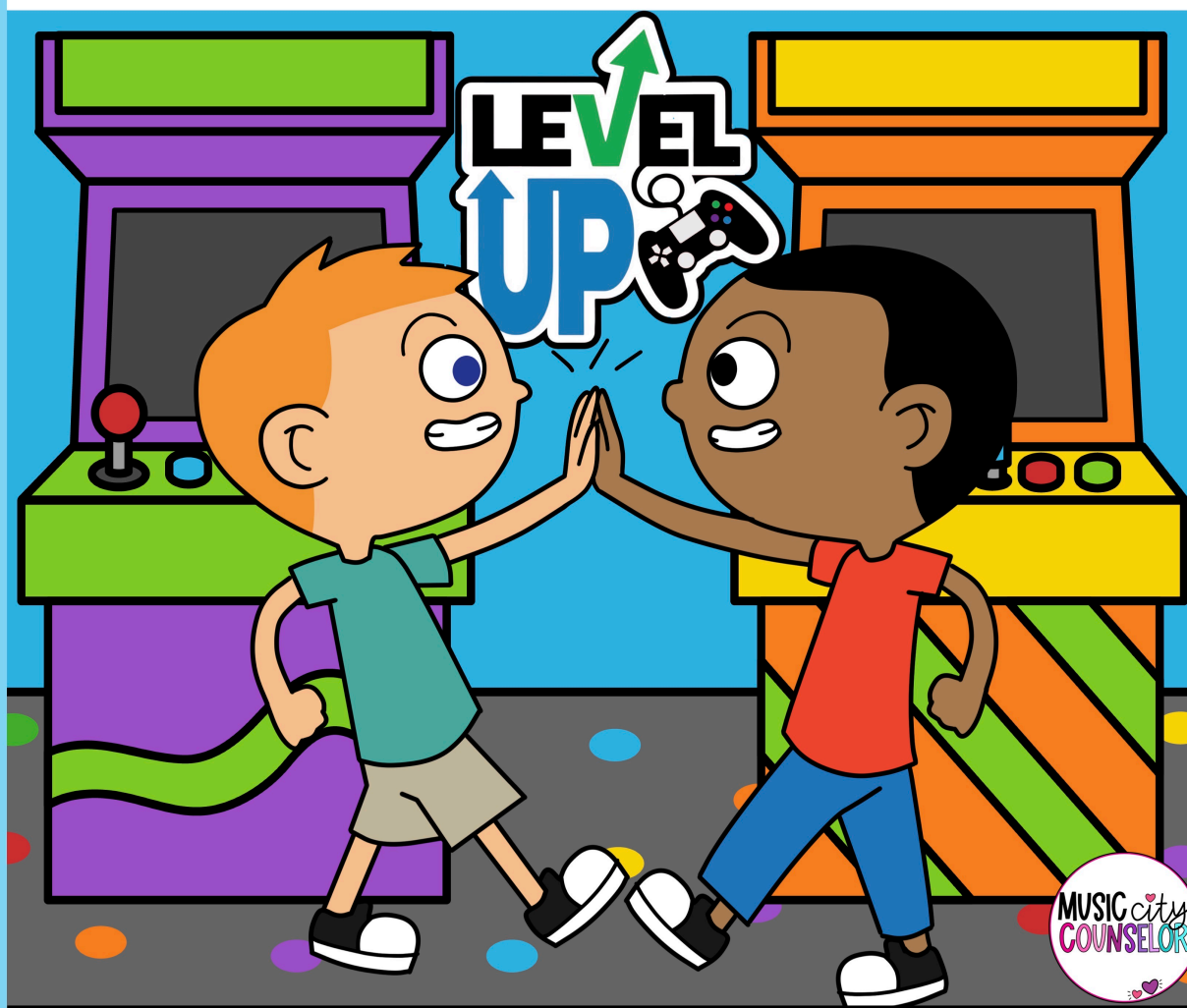


GRADES
K - 5th

FRIENDSHIP

Small Group for Boys

.....



LEVEL UP! SOCIAL SKILLS

BOYS FRIENDSHIP GROUP

This 10-session group teaches K – 5th boys social skills, positive behavior, and how to be a friend.

TAKE AN EMOTIONS ROAD TRIP



Happy

Angry

Excited



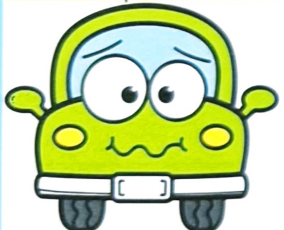
Surprised



Frustrated



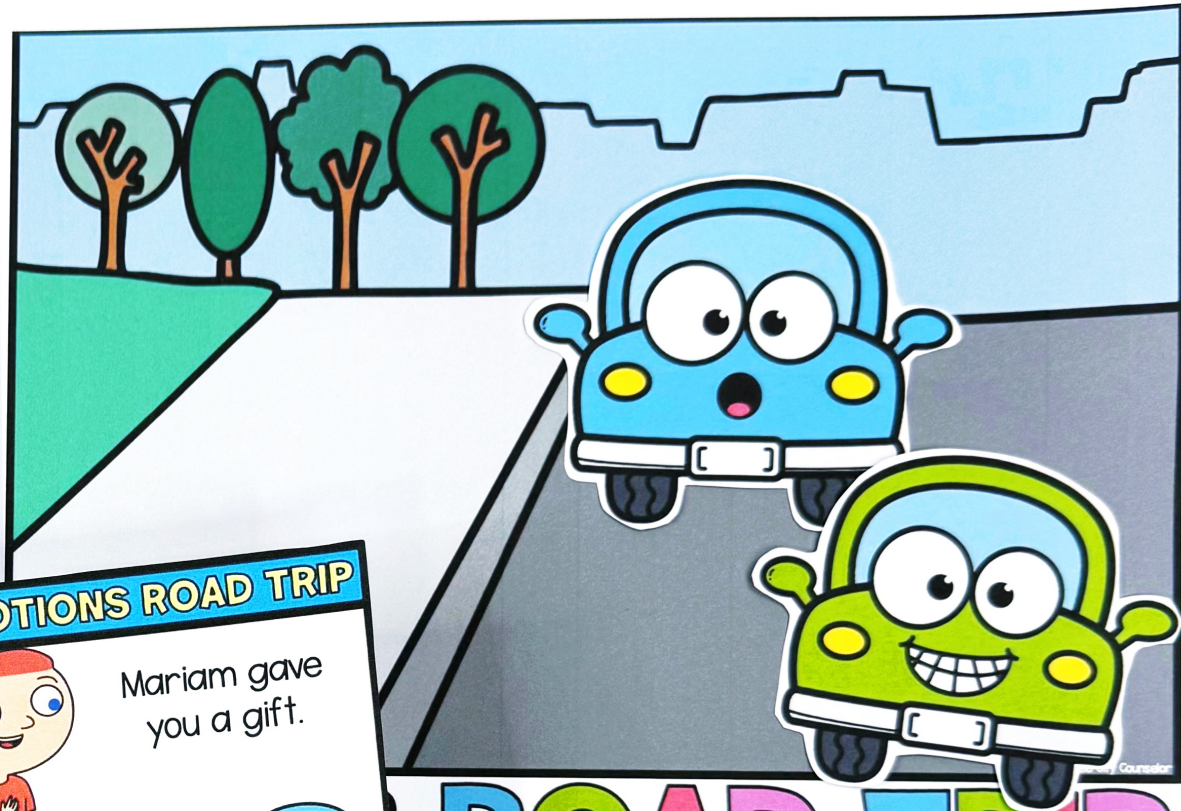
Scared



Nervous



Sad



ROAD TRIP





IMPORTANT NOTE:

Implement the group as suggested. Or pick and choose the sessions most needed by your students!

LEVEL UP! SOCIAL SKILLS Group Sessions Outline

- Session 1: Introductions & Icebreakers
- Session 2: LEVEL UP our Feelings
- Session 3: LEVEL UP our Coping Skills
- Session 4: LEVEL UP our Behavior
- Session 5: LEVEL UP our Self-Control
- Session 6: LEVEL UP our Friendships
- Session 7: LEVEL UP our Problem-Solving Skills
- Session 8: LEVEL UP our I-Messages
- Session 9: LEVEL UP our Self-Esteem
- Session 10: Group Closure & Reflection

These materials are also perfect for individual counseling.

